

# HTx - 2<sup>nd</sup> General Assembly

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## A two-stage prediction model for heterogeneous effects of many treatment options: application to drugs for Multiple Sclerosis

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# Motivation: Effectiveness of drugs in Relapsing-Remitting Multiple Sclerosis (MS)

- Several drugs, compared in Network Meta-Analyses (NMA)  
**#not personalized predictions**
- We focus on *Dimethyl Fumarate*, *Glatiramer Acetate*, and *Natalizumab*
- Outcome: **Relapse MS in 2 years** (Yes/No) for patients diagnosed with relapsing-remitting MS
- We want to find the drug that minimizes the risk of relapse, subject to patient characteristics
  - Previous evidence suggests that patients at different age groups and at different stages of the disease might respond differently to the same treatment → **Heterogeneous Treatment Effects**



**Question:**  
Which treatment is the best for a specific patient?

1. Individual characteristics influence the variation of HTE  
➤ **Baseline risk score prior to treatment** of patients seems to be a determinant predictor for HTE, **Prognosis research** is a key-tool for estimating risk scores
2. Numerous treatment options available for each disease  
**Network meta-analysis (NMA)** is a key-tool for comparing many different treatment options [2]



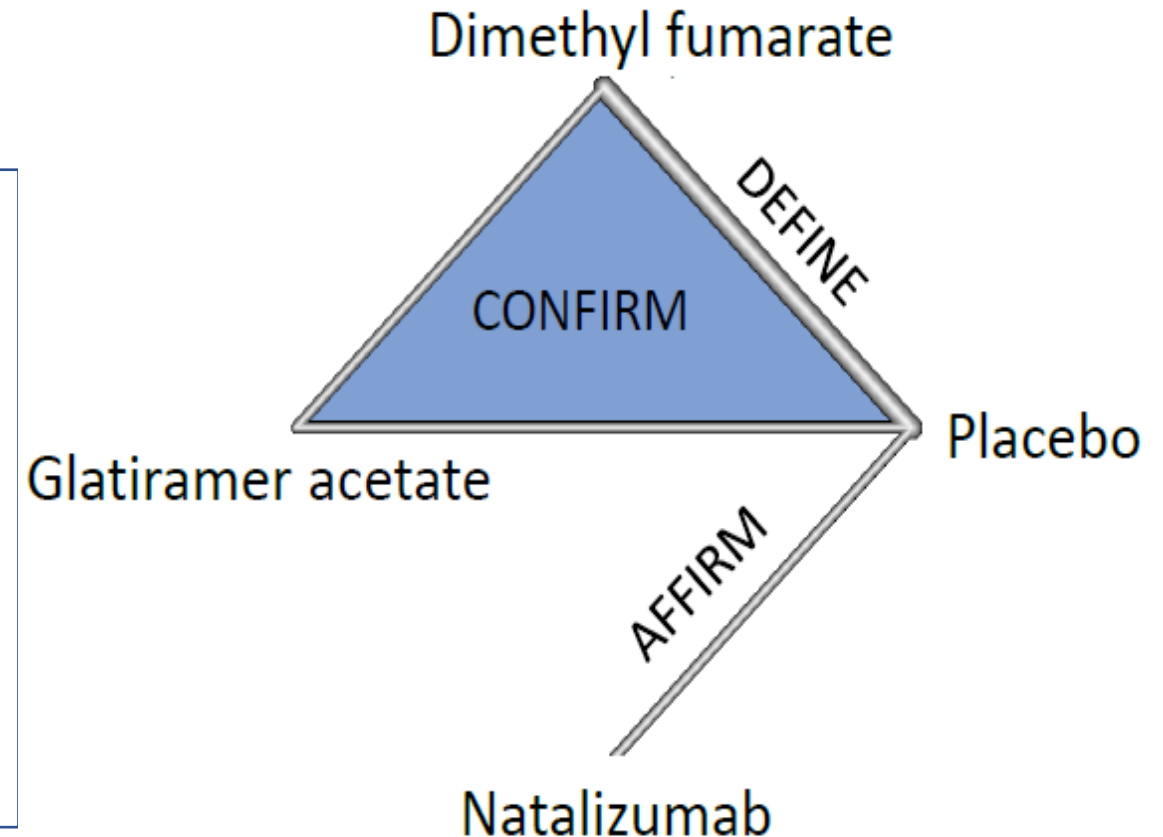
# Aim

To develop a *two-stage* evidence synthesis *prediction model* to predict the most likely outcome under several possible treatment options while accounting for patients' characteristics using *individual participant data network meta-regression* with *risk scores*



# DATA

- ❑ 3 randomized clinical trials (phase III), 2990 observations in total
- ❑ Disease: Relapsing-remitting Multiple Sclerosis (MS)
- ❑ Outcome: Relapse MS in 2 years



Treatments

Dimethyl Fumarate



Predicted Outcome A

Glatiramer acetate



Predicted Outcome B

Natalizumab



Predicted Outcome C

Placebo



Predicted Outcome D

~~Prognostic Factors  
Effect modifiers~~

HTE

Risk score

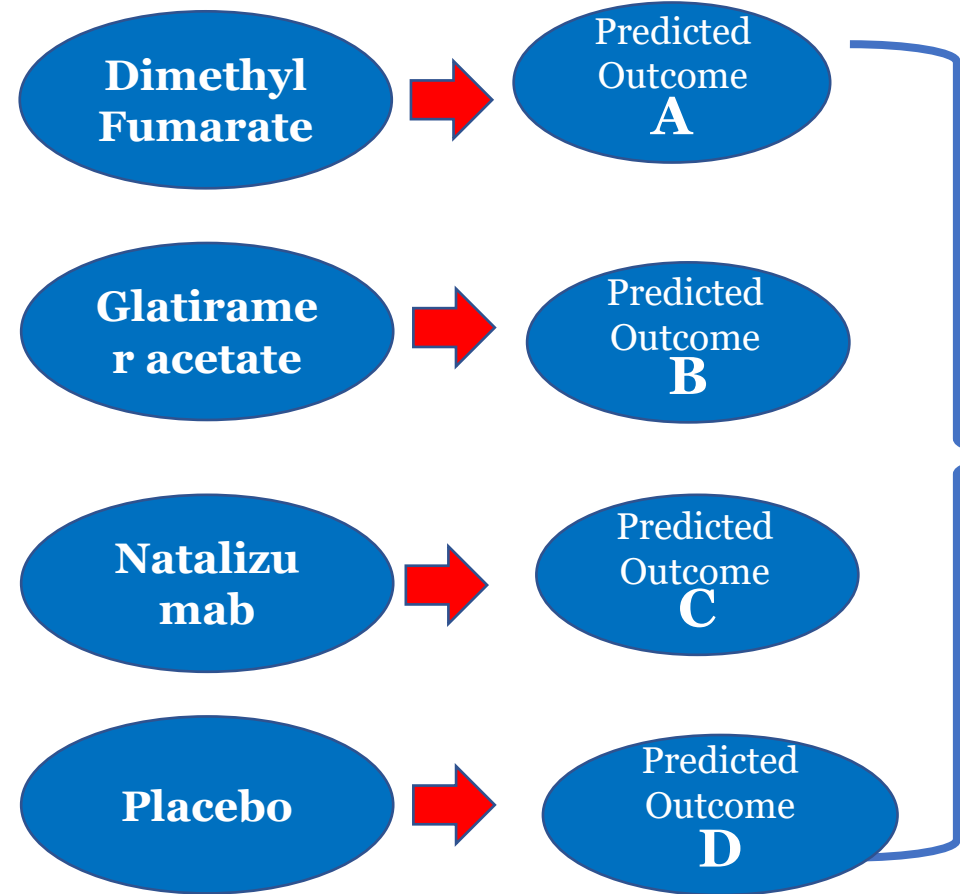
Prediction model using IPD Network meta-regression with PF and EM

Prediction model with IPD Network meta-regression using only the risk score

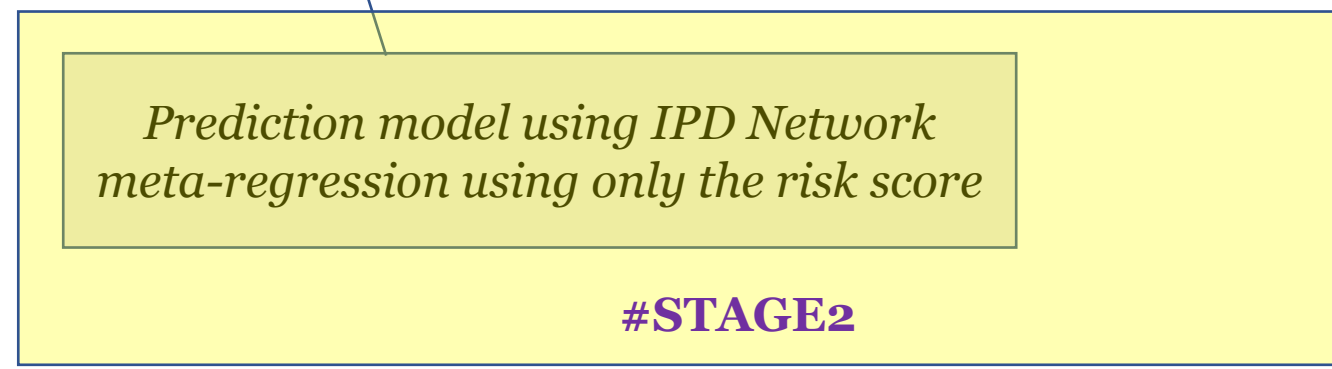
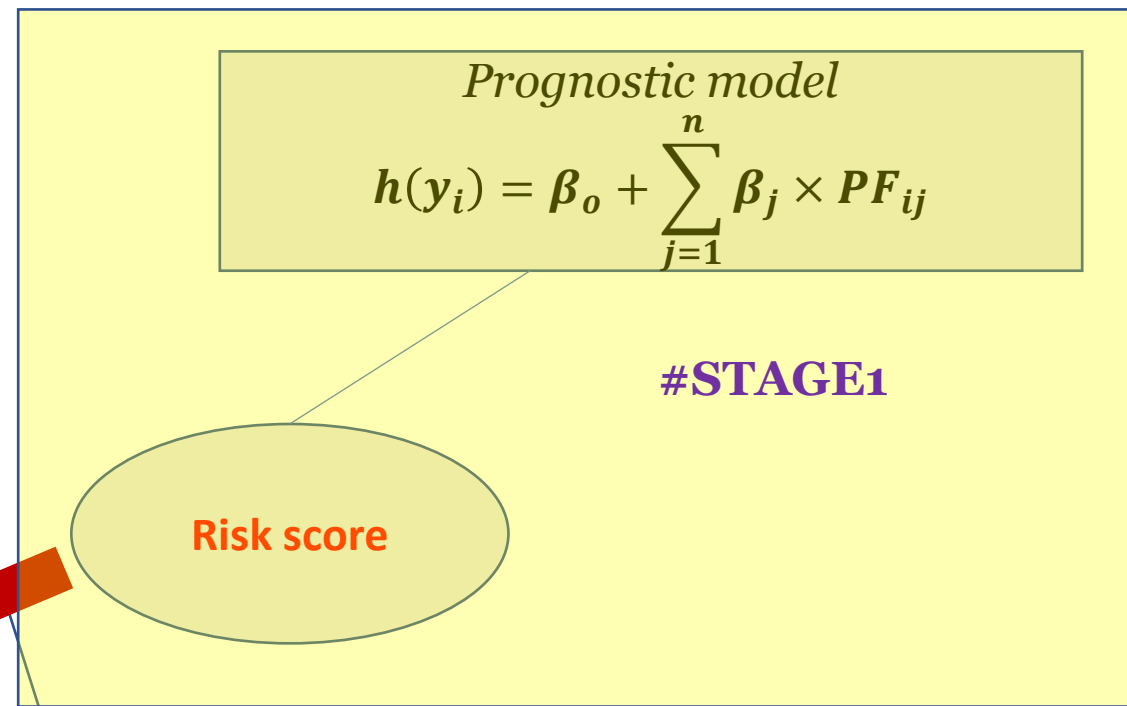
Prognostic model

$$h(y_i) = \beta_0 + \sum_{j=1}^n \beta_j \times PF_{ij}$$

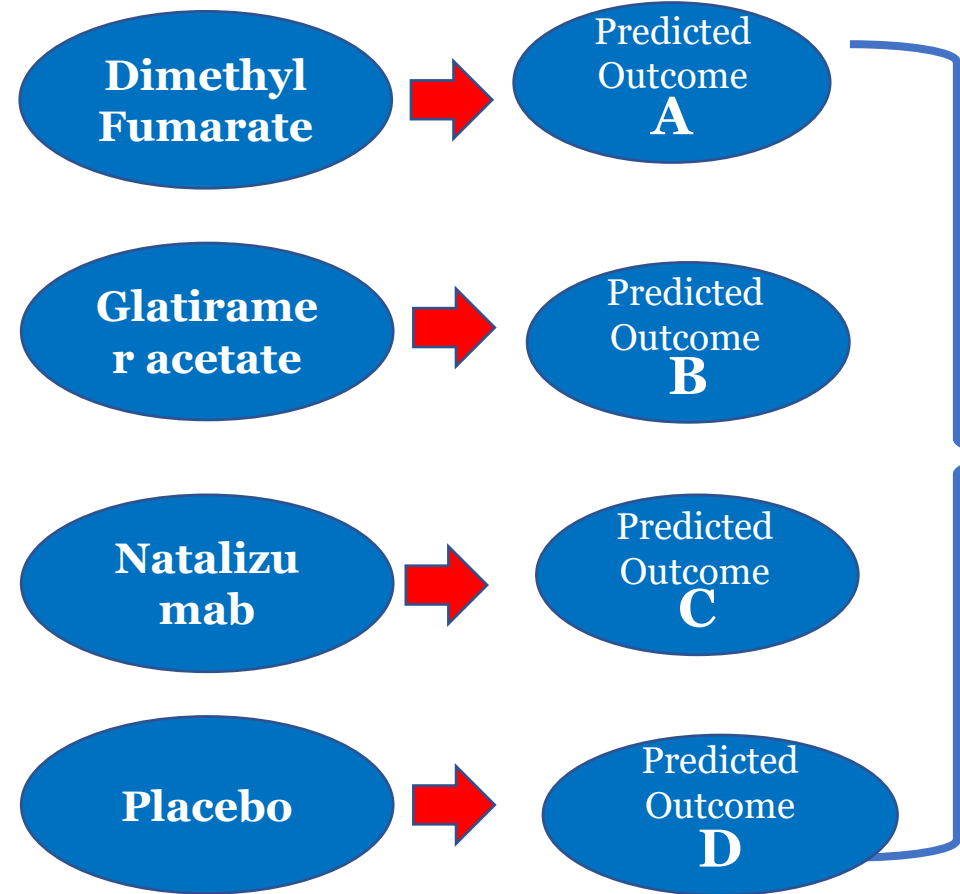
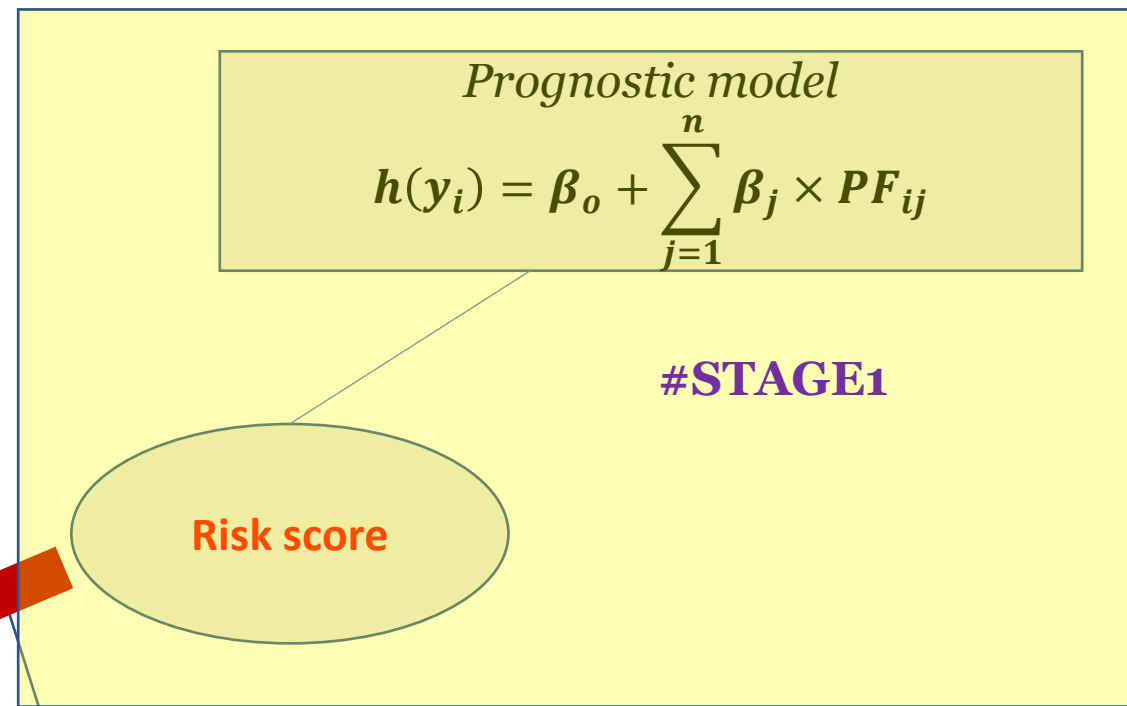
Treatments



**HTE**



Treatments

**HTE**

Prediction model using IPD Network meta-regression using only the risk score



# Development of prognostic models

Two different prognostic models for comparable reasons

## LASSO model

### 1. Prognostic factors:

Selected via LASSO method

### 2. Shrinkage of coefficients:

LASSO shrinkage of coefficients

## Pre-specified model

### 1. Prognostic factors:

14 prognostic factors identified by Pellegrini et al. for annualized relapse rate of MS.

These variables included in this model

### 2. Shrinkage of coefficients:

penalized maximum estimation likelihood

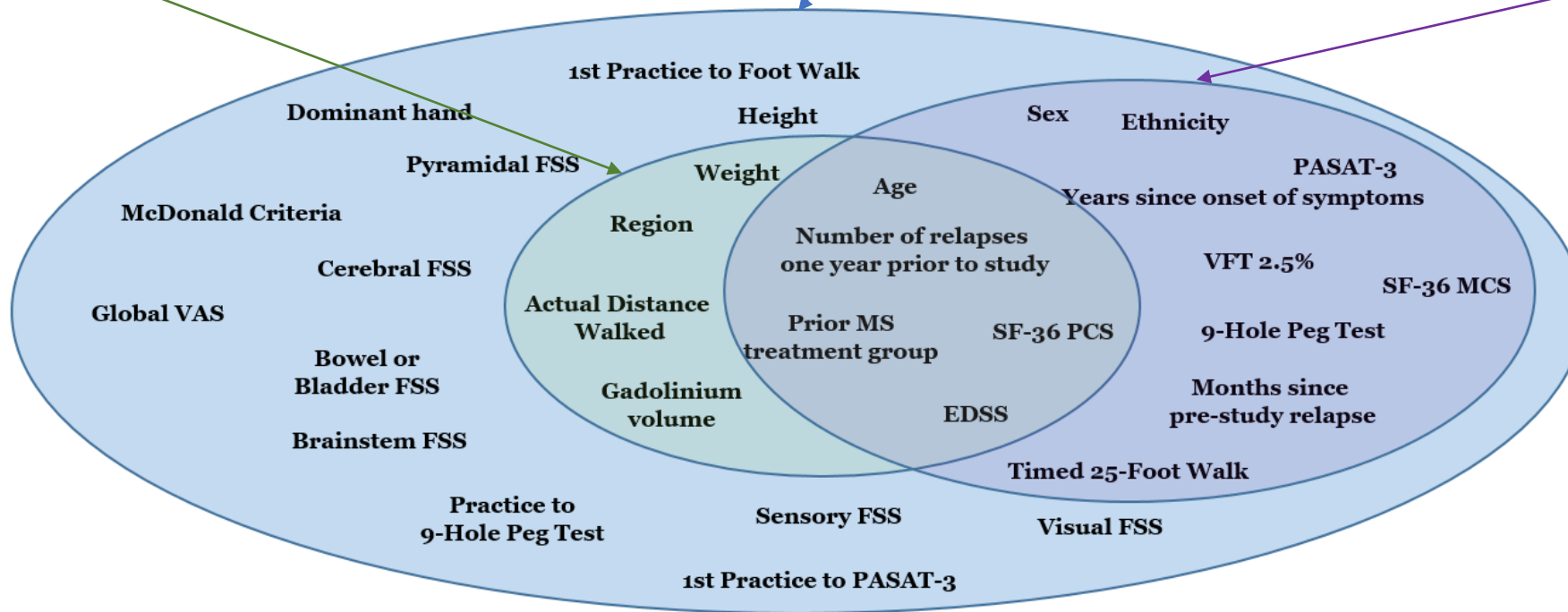


# Included variables

Prognostic factors included in LASSO model

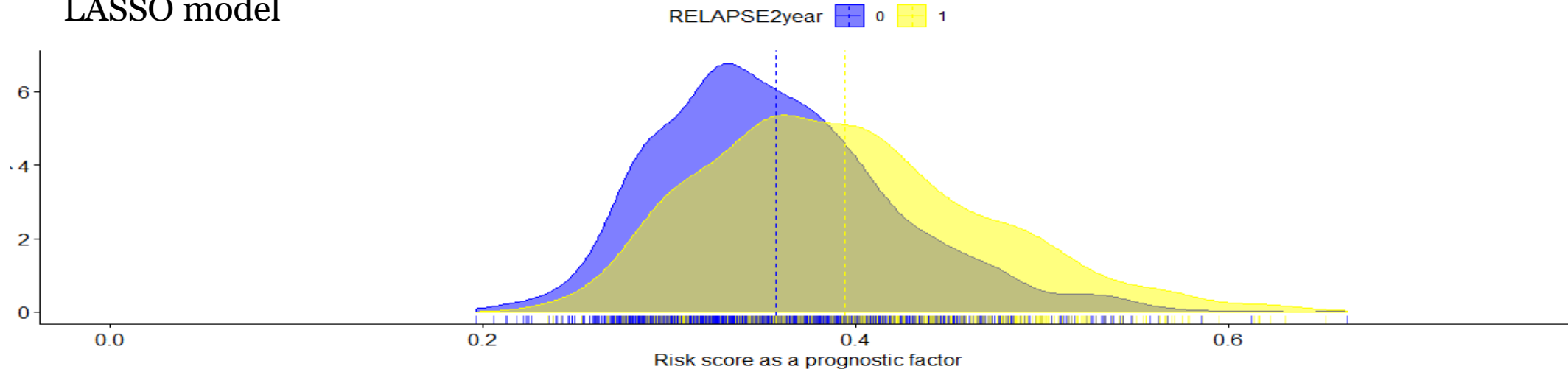
All 31 prognostic factors

Prognostic factors included in pre-specified model

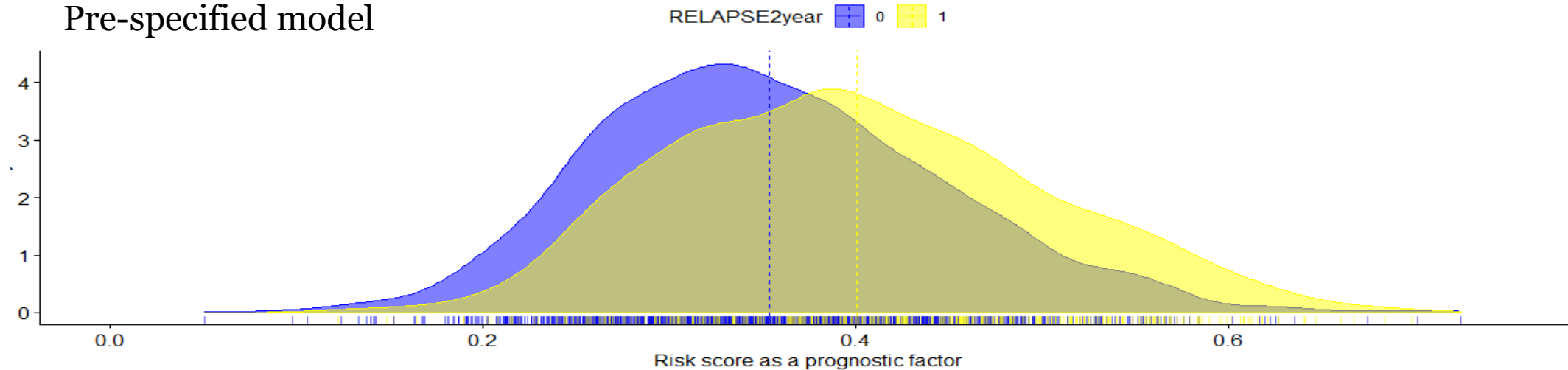


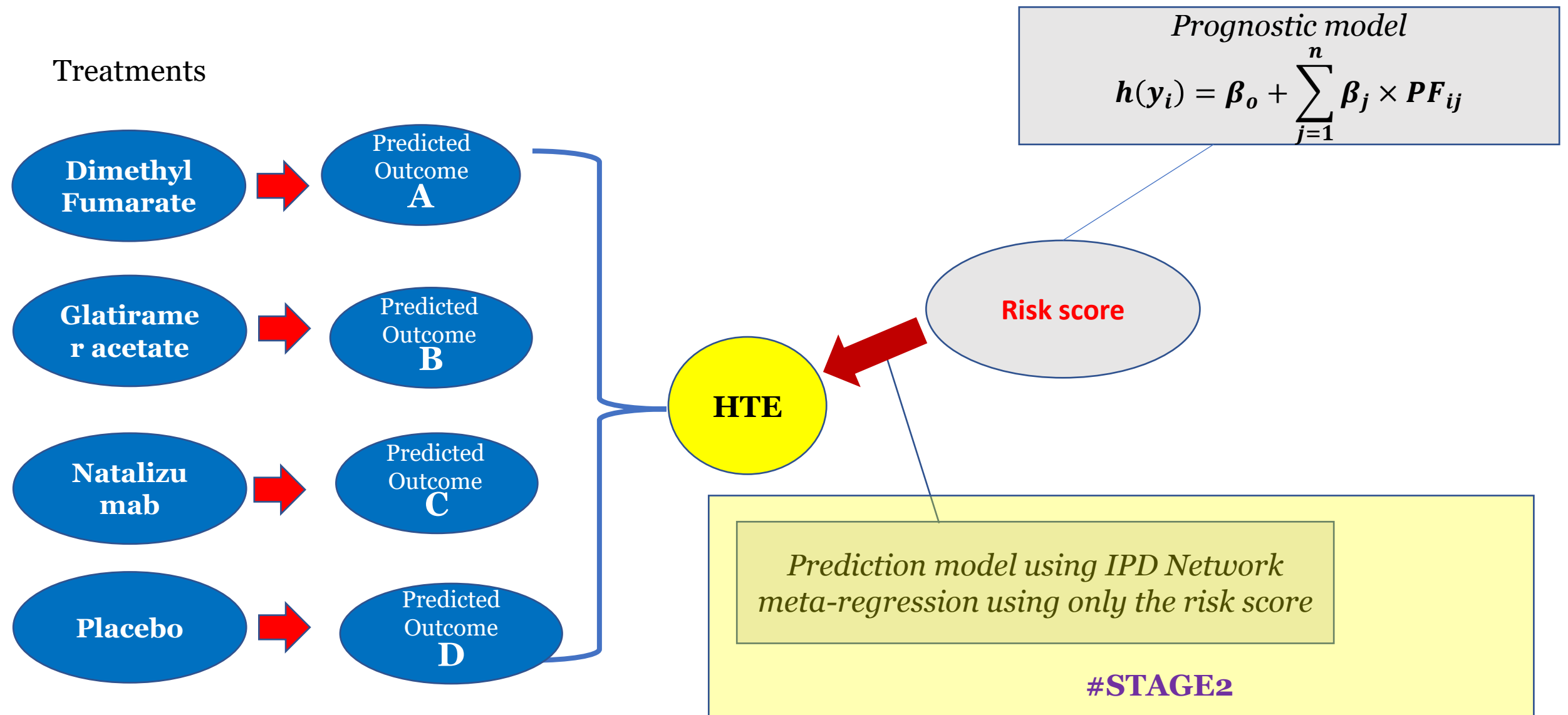
# Baseline risk score

LASSO model



Pre-specified model





# 13 IPD Network meta-regression

## Notation

$i$ : Individuals

$j$ : study

$k$ : treatment

$b_j$ : baseline treatment in study  $j$

## Likelihood

$$Y_{ijk} \sim \text{Bernoulli}(p_{ijk})$$

$B$ : Individual level covariate regression term for Risk / the impact of Risk as prognostic factor

$D_{bjk}$ : the treatment effect of treatment  $k$  versus **placebo** / **fixed effect**

$G_{bjk}$ : The interaction of treatment and risk. Different for each treatment vs study's control / the impact of Risk as effect modifier

$$\text{logit}(p_{ijk}) = \begin{cases} u_j + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) & \text{if } k = b_j \\ u_j + D_{bjk} + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) + G_{bjk} \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}), & \text{if } k \neq b_j \end{cases}$$

# 14 IPD Network meta-regression

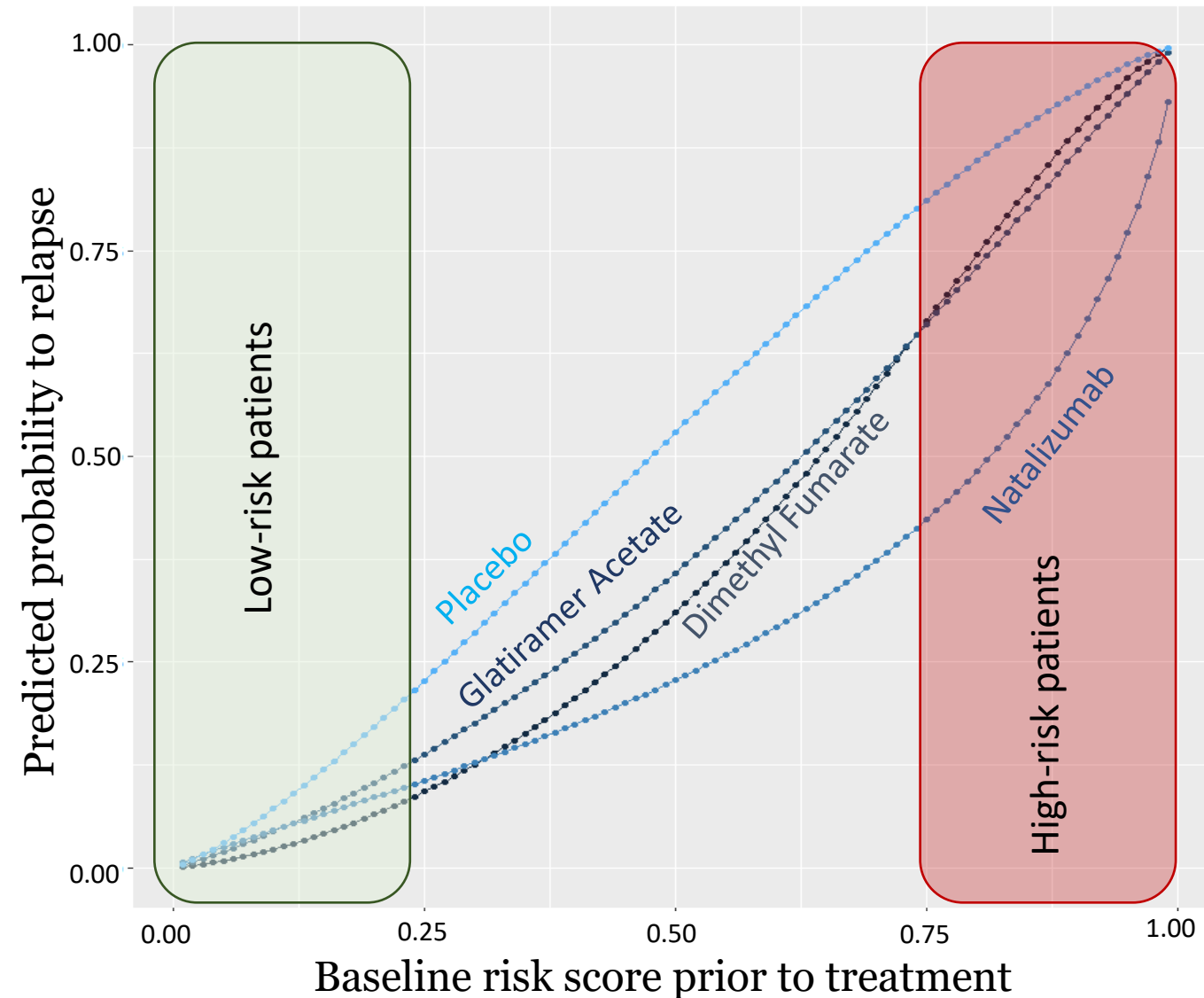
## Results: Estimation of model parameters

OR for relapse for one unit increase in logit-risk in untreated patients (placebo) - **(exp(B))** = 3.32

	OR for relapse versus placebo at the study mean risk <b>(exp(D))</b>	OR versus placebo for one unit of increase in the logit risk <b>(exp(G))</b>
Natalizumab	0.18	0.67
Glatiramer Acetate	0.41	0.87
Dimethyl Fumarate	0.43	1.06

$$\text{logit}(p_{ijk}) = \begin{cases} u_j + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) & \text{if } k = b_j \\ u_j + D_{b_jk} + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) + G_{b_jk} \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}), & \text{if } k \neq b_j \end{cases}$$

# 15 Predicted relapse rate by baseline risk score



Treatment	Mean	Less than 25% Risk	More than 75%
Natalizumab	29%	12%	48%
Glatiramer Acetate	41%	10%	60%
Dimethyl Fumarate	39%	9%	62%

Best treatment  
**Dimethyl fumarate - 3% Absolute benefit**  
compared to  
Natalizumab

Best treatment  
**Natalizumab - 14% Absolute benefit**  
compared to  
Dimethyl Fumarate

# Further research

Treatments

Dimethyl Fumarate



Predicted Outcome A

Glatiramer acetate



Predicted Outcome B

Natalizumab



Predicted Outcome C

Placebo



Predicted Outcome D

**New External Dataset**  
IPD from Swiss MS Cohort

**HTE**

**Validation methods**

**Combination of AD and IPD**

*Prognostic model*

$$h(y_i) = \beta_0 + \sum_{j=1}^n \beta_j \times PF_{ij}$$

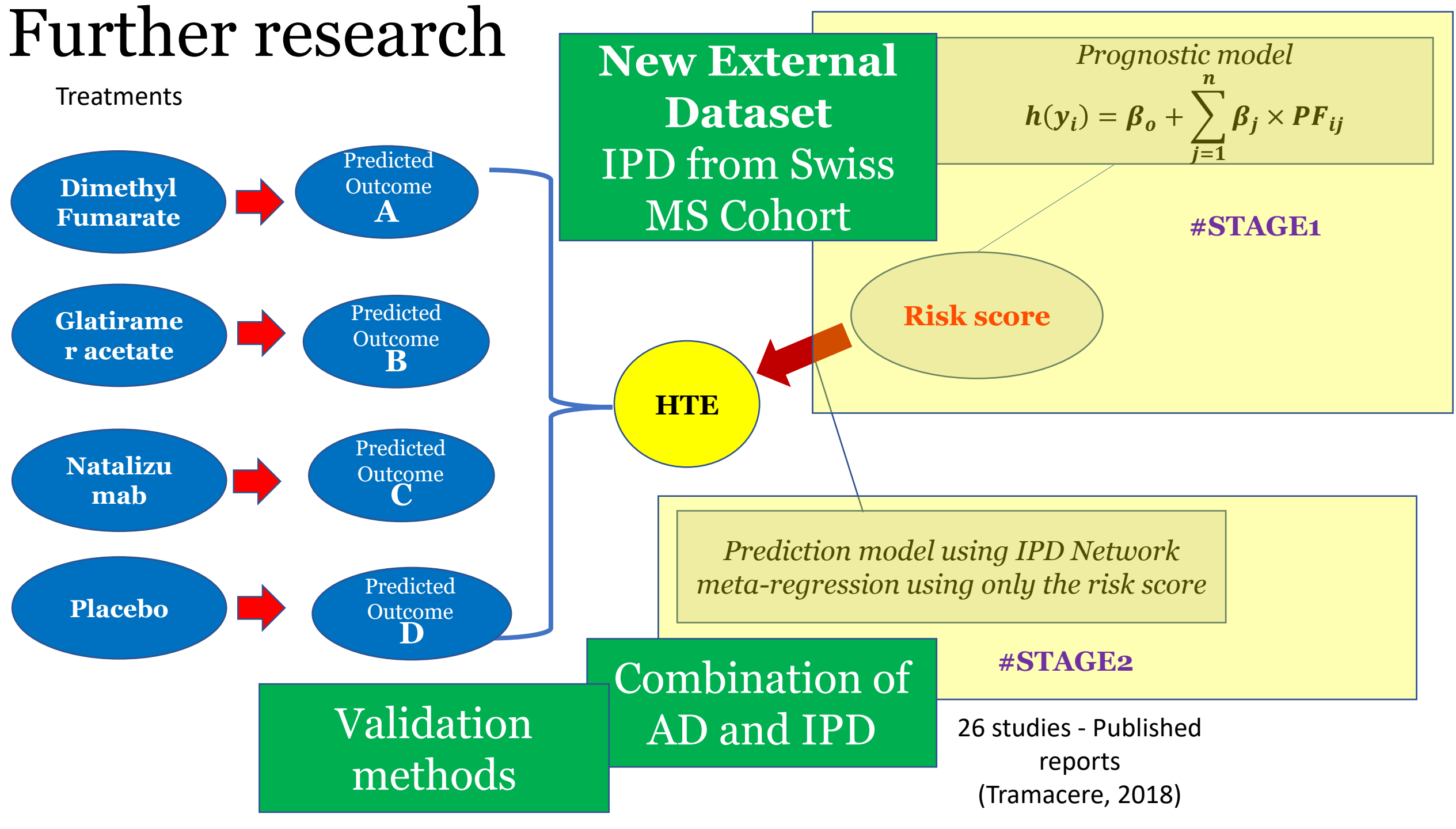
**#STAGE1**

**Risk score**

*Prediction model using IPD Network meta-regression using only the risk score*

**#STAGE2**

26 studies - Published reports  
(Tramacere, 2018)





# **R-Shiny app**

<https://cinema.ispm.unibe.ch/shinies/koms/>