

# *A two-stage* prediction model for heterogeneous effects for many treatment options

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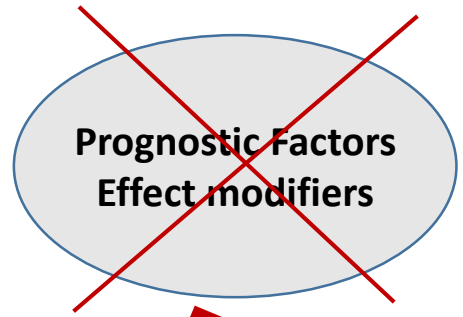
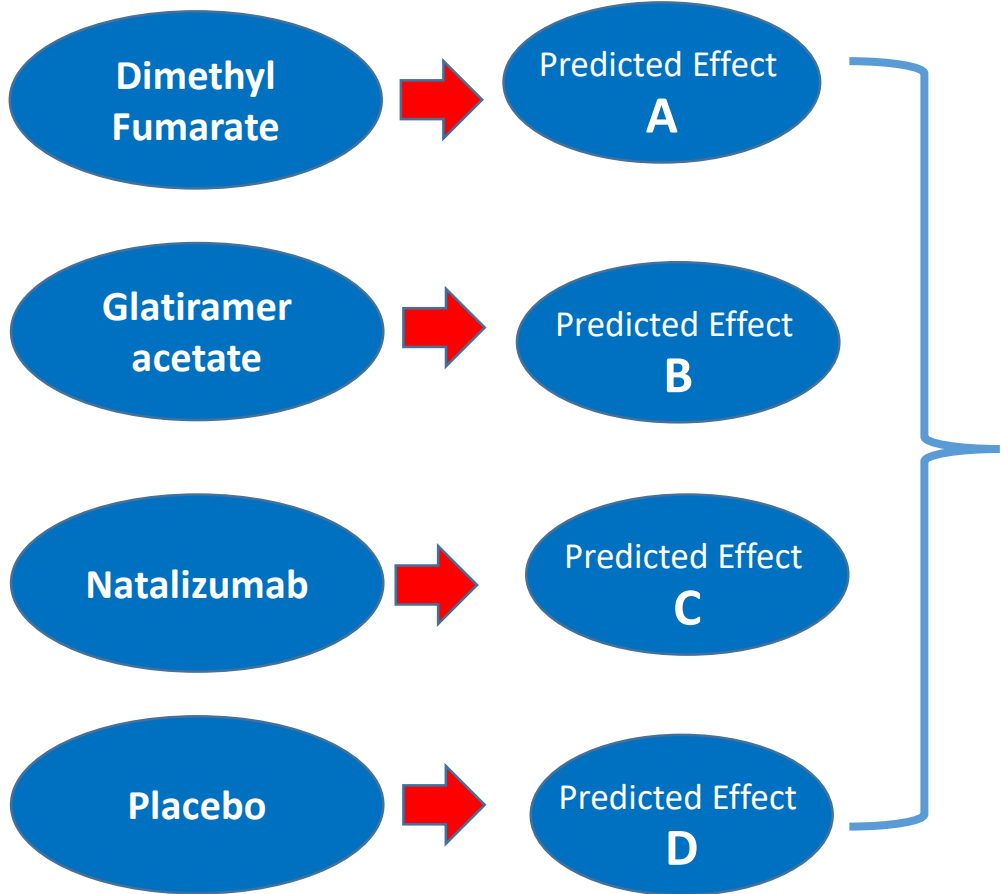
# Motivation: Effectiveness of drugs in Relapsing-Remitting Multiple Sclerosis (MS)

- Several drugs, compared in Network Meta-Analyses (NMA)  
- Tramacere I. et al., 2015
- We focus on *Dimethyl fumarate*, *Glatiramer acetate*, and *Natalizumab*
- Outcome: *Relapse MS in 2 years* (Yes/No)
- We want to find the drug that minimizes the risk of relapse, subject to patient characteristics
  - Previous evidence suggests that patients at different age groups and at different stages of the disease might respond differently to the same treatment → **Heterogeneous Treatment Effects**

# Aim

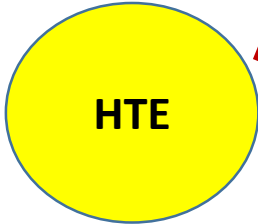
To develop a ***two-stage*** evidence synthesis ***prediction model*** to predict the most likely outcome under several possible treatment options while accounting for patients' characteristics using ***individual participant data network meta-regression*** with ***risk scores***

Treatments



Prognostic model

$$h(y_i) = \beta_0 + \sum_{j=1}^n \beta_j \times PF_{ij}$$



Prediction model using IPD Network meta-regression with PF and EM

Prediction model with IPD Network meta-regression using only the risk score

Treatments

Dimethyl Fumarate



Predicted Effect A

Glatiramer acetate



Predicted Effect B

Natalizumab



Predicted Effect C

Placebo



Predicted Effect D

HTE

Prognostic model

$$h(y_i) = \beta_0 + \sum_{j=1}^n \beta_j \times PF_{ij}$$

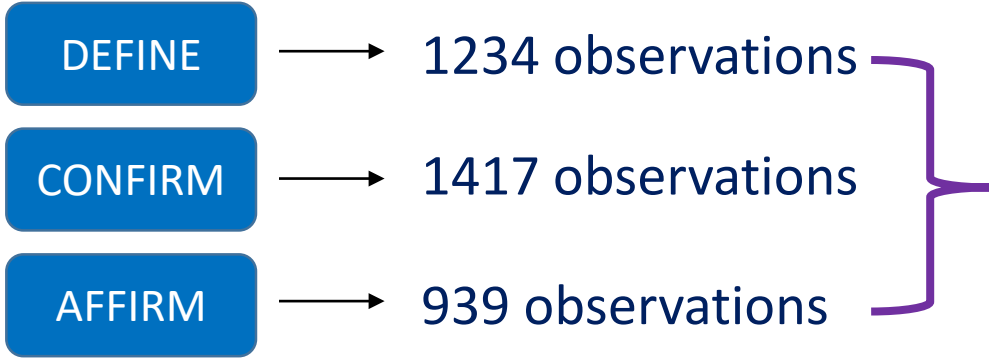
#STAGE1

Risk score

Prediction model using IPD Network meta-regression using only the risk score

#STAGE2

# Data



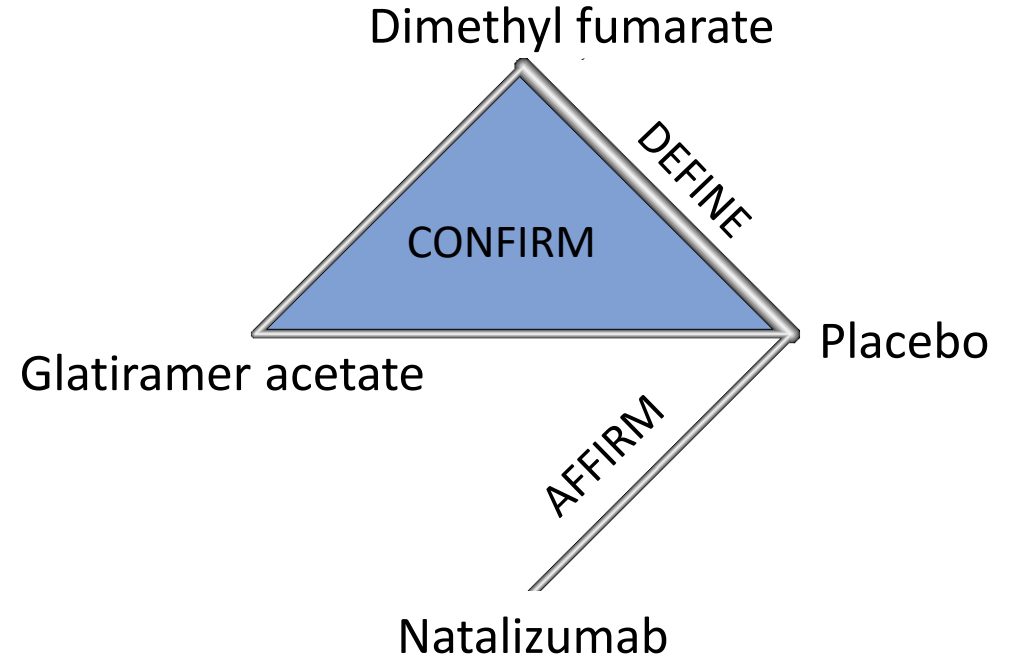
**Total: 2990 observations**

## 70 potential prognostic factors

- previous treatment,
- years since onset of symptoms, etc.

**Data**  
↓  
**Cleaning**

**33 potential prognostic factors**



# Two-stage model

1. Build the *prognostic score model*
2. Use the risk score in the *Individual Participant Data Network meta-regression*

Step 1: Build the prognostic score model  
(in R using packages glmnet, pentrace)



# Build the prognostic score model–

## Fit various models

### *Selection of factors included in the model*

- Model 1 → LASSO variable selection technique through the **whole dataset** – 10-fold cross validation to choose the optimal  $\lambda$  that minimizes the Binomial deviance of the model
- Model 2 → Exactly the same variables as in Model 1 & restricted cubic splines for non-linearity
- Model 3 → Exactly the same variables as in Model 1 & LASSO selection technique for all possible interactions
- Model 4 →
  1. Creation of 100 randomly half-datasets
  2. LASSO technique for variable selections to each one of them
  3. We selected the variables that were included in the model more than 40 times (40%)
- Model 5 → The variables indicated as prognostic factors in the literature (Fabio Pellegrini et al., 2019).

# Build the prognostic score model

## Fit various models using 2 shrinkage approaches

### *Shrinkage of coefficients*

Uniform  
shrinkage



Uses a heuristic shrinkage factor  $s$   
 $s = (\text{model}\chi^2 - df) / \text{model}\chi^2$ ,  
 $\text{model}\chi^2$ : the likelihood of the fitted model and  
 $df$ : the degrees of freedom of the model

Penalized  
shrinkage



Maximizes a penalized version of the log-likelihood  
in which a penalty factor is used. The optimal value  
of penalty  $\lambda$  is the one that maximizes a modified  
Akaike's Information Criterion (AIC)

# Build the prognostic score model

## Results: Model selection

Select the best model with response to **predictive ability** and **calibration** (*500 bootstraps & correction for optimism*)

Model & Shrinkage method	c-index	Calibration slope
Model1 uniform shrinkage	0.6458	0.888
Model1 penalized shrinkage	0.6480	1.004
Model2 uniform shrinkage	0.6485	0.887
<b>Model2 penalized shrinkage</b>	<b>0.6497</b>	<b>1.004</b>
Model3 uniform shrinkage	0.6397	0.758
Model3 penalized shrinkage	0.6425	0.912
Model4 uniform shrinkage	0.6277	0.935
Model4 penalized shrinkage	0.6281	1.004
Model5 uniform shrinkage	0.6254	0.882
Model5 penalized shrinkage	0.6263	0.988

# Build the prognostic score model

## Results: Model selection

Age

Weight

Expanded disability status  
scale

Splines(No. of relapses 3  
years prior to study)

Months since recent Pre-  
Study relapse

Prior MS treatment group

Region

Baseline 9 Hole Peg Test  
Average score

Baseline Gadolinium  
Lesions

Baseline Short Form (SF) 36  
Health Survey Physical  
Component Summary (PCS)

Baseline Sensory  
Functional Systems Scores  
(FSS)

Baseline Actual Distance  
Walked

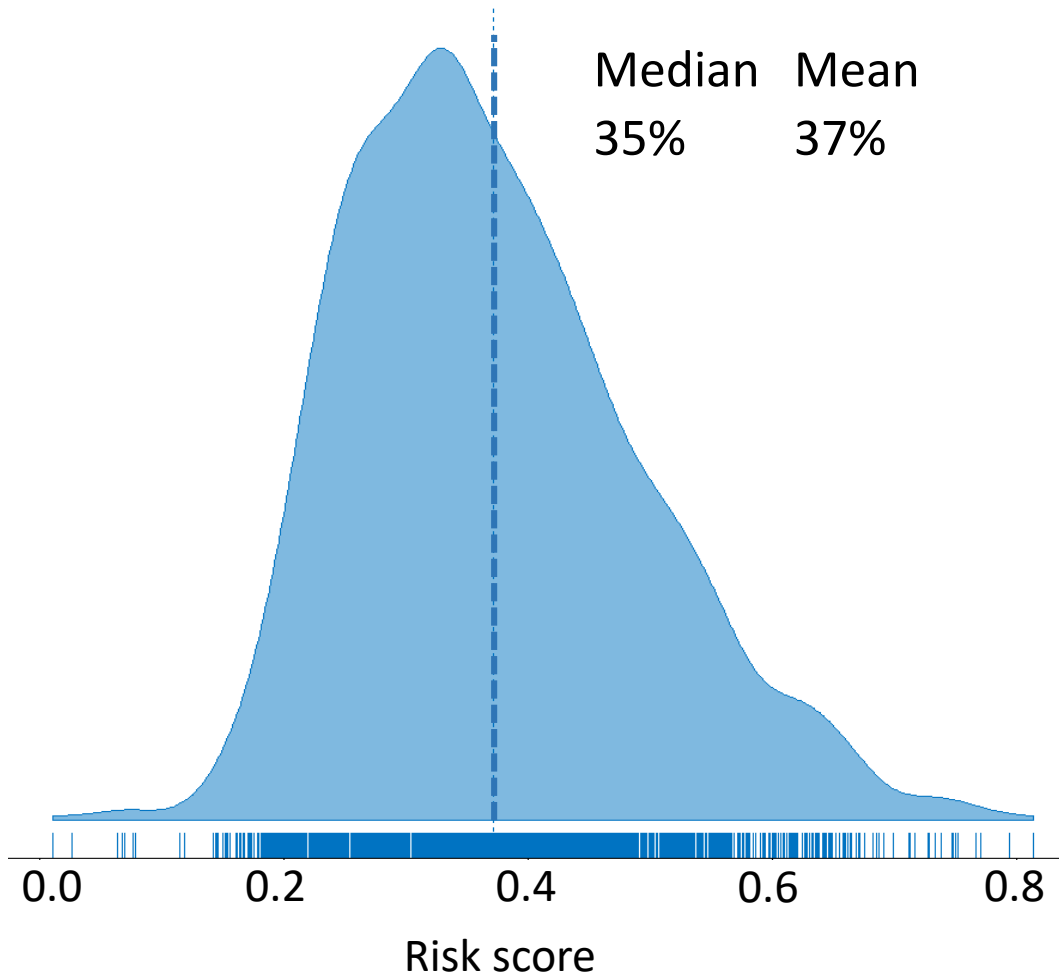
Events per  
variable

39

# Build the prognostic score model

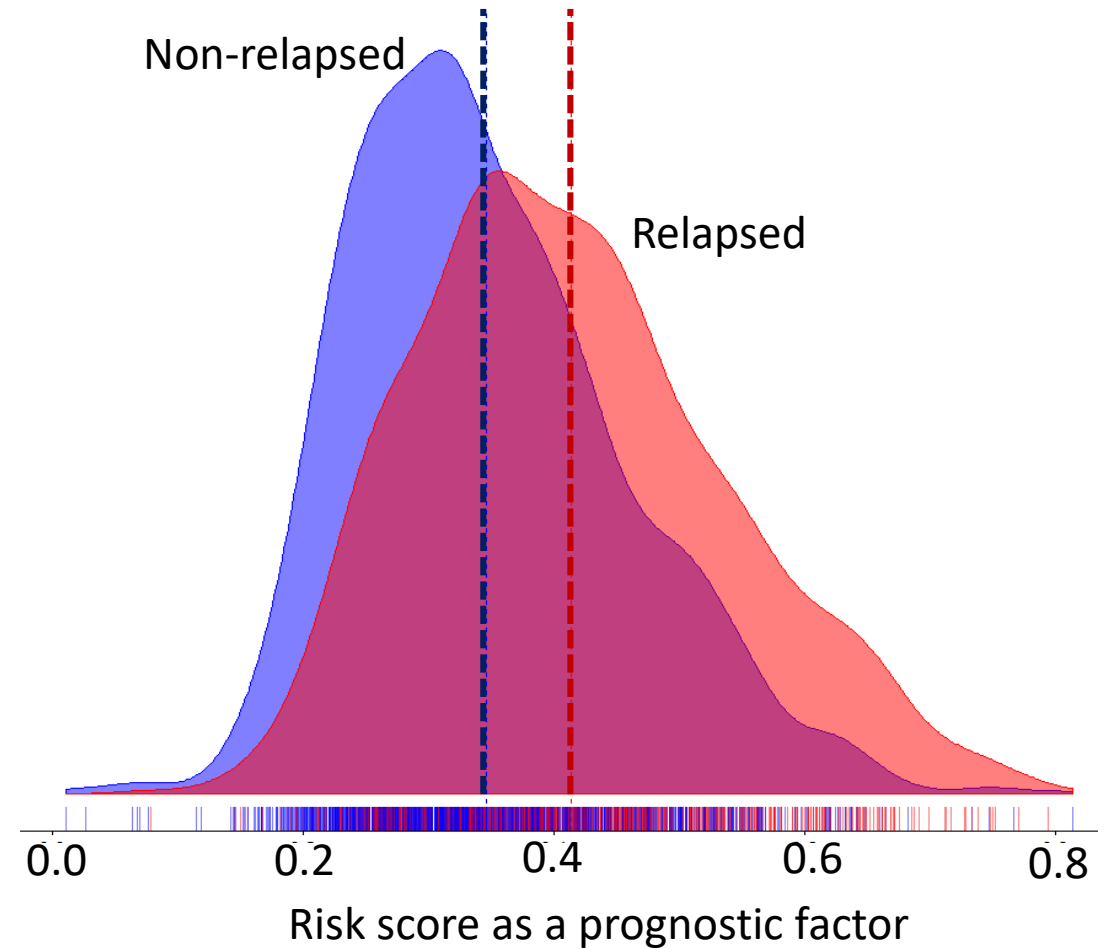
## Results: Distribution of Risk

The distribution of the Risk in the whole dataset



**C-index=0.65**

Risk per relapse or non-relapse (Risk as a prognostic factor)

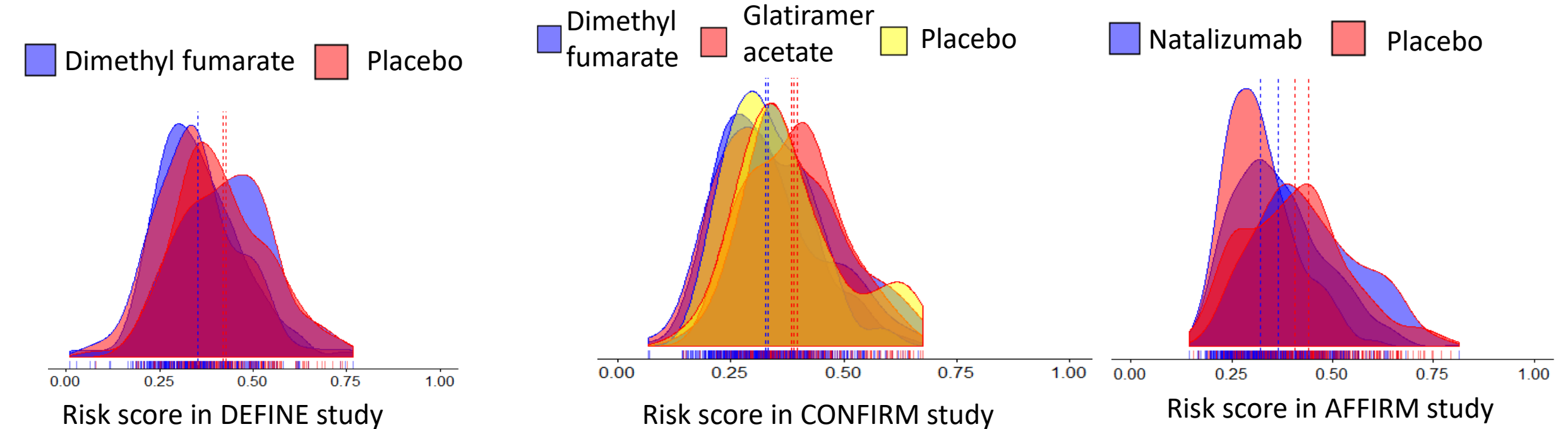


# Build the prognostic score model

## Results: Distribution of Risk

The Risk per arm and relapse non-relapse (risk as effect modifier)

Relapse2year  0  1



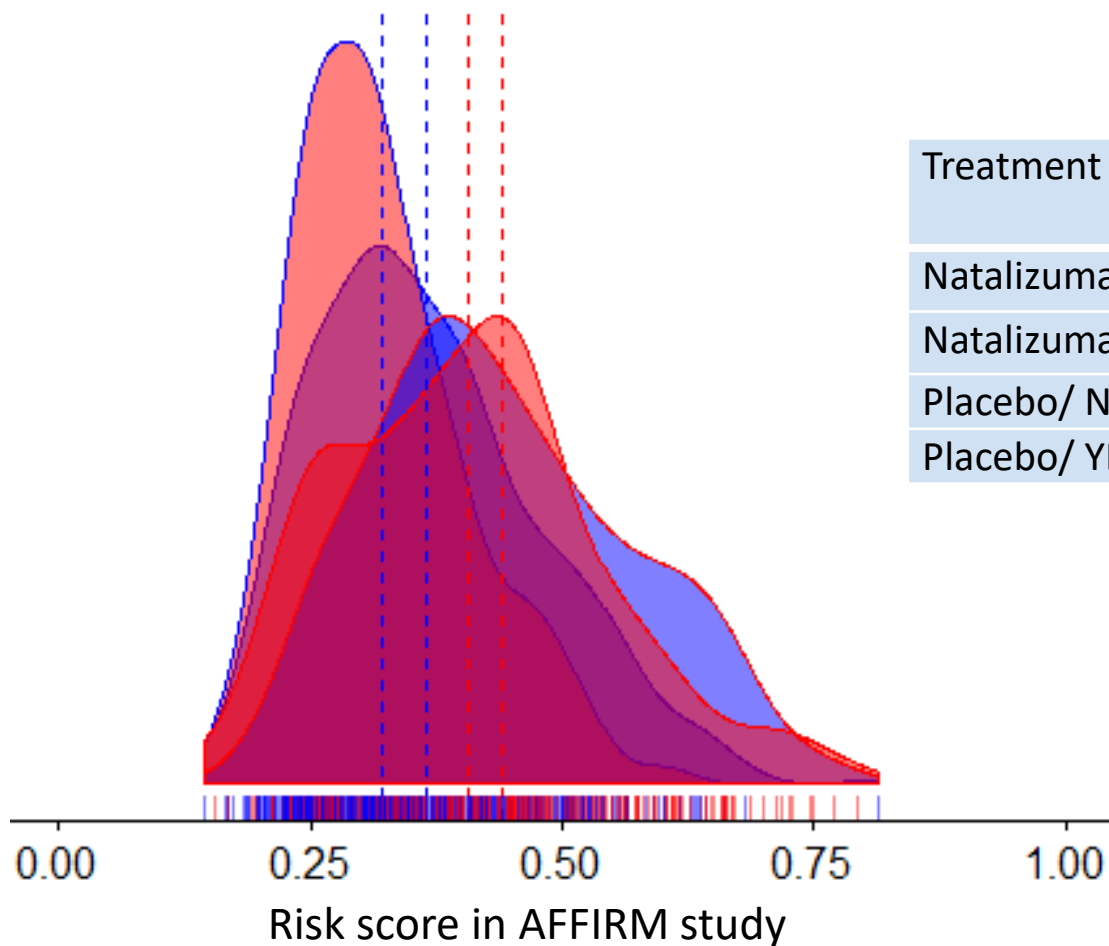
# Build the prognostic score model

## Results: Distribution of Risk

The Risk per arm and relapse non-relapse (risk as effect modifier)

Relapse2year  0  1

Treatment  Natalizumab  Placebo



Treatment & Outcome	Median pre-treatment Risk	95% CI of mean
Natalizumab/ NO relapse	35%	(35% , 38%)
Natalizumab/ YES relapse	42%	(42% , 46%)
Placebo/ NO relapse	31%	(30% , 33%)
Placebo/ YES relapse	40%	(39% , 43%)

Step 2: Use the risk score in the IPD Network  
meta-regression  
(In JAGS using self-programmed routines)



# IPD Network meta-regression

## Notation

$i$ : Individuals

$j$ : study

$k$ : treatment

$b_j$ : baseline treatment in study  $j$

## Likelihood

$$Y_{ijk} \sim \text{Bernoulli}(p_{ijk})$$

$B$ : Individual level covariate regression term for Risk / the impact of Risk as prognostic factor

$D_{bjk}$ : the treatment effect of treatment  $k$  versus placebo / *fixed effect*

$G_{bjk}$ : The interaction of treatment and risk. Different for each treatment vs study's control / the impact of Risk as effect modifier

$$\text{logit}(p_{ijk}) = \begin{cases} u_j + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) & \text{if } k = b_j \\ u_j + D_{bjk} + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) + G_{bjk} \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}), & \text{if } k \neq b_j \end{cases}$$

# IPD Network meta-regression

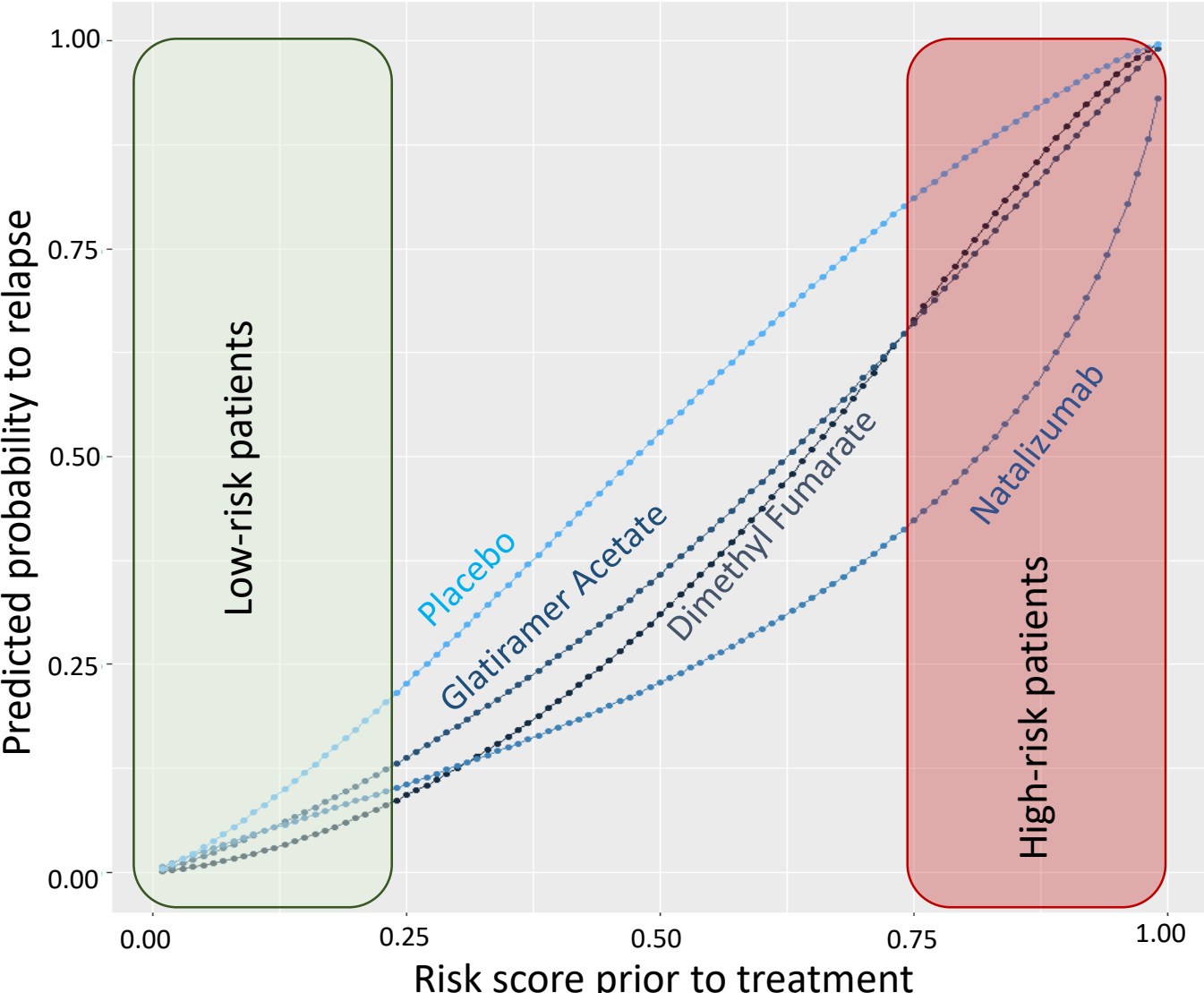
## Results: Estimation of model parameters

OR for relapse for one unit increase in logit-risk in untreated patients (placebo) -  $(\exp(B)) = 3.38$

	OR for relapse versus placebo at the study mean risk $(\exp(D))$	OR versus placebo for one unit of increase in the logit risk $(\exp(G))$
Natalizumab	0.27	0.68
Glatiramer Acetate	0.50	0.92
Dimethyl Fumarate	0.40	1.14

$$\text{logit}(p_{ijk}) = \begin{cases} u_j + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) & \text{if } k = b_j \\ u_j + D_{b_jk} + B \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}) + G_{b_jk} \times (\text{logit}R_{ij} - \overline{\text{logit}R_j}), & \text{if } k \neq b_j \end{cases}$$

# Predicted relapse rate by baseline risk score



Treatment	Mean	Less than 25% Risk	More than 75%
Natalizumab	29%	12%	48%
Glatiramer Acetate	41%	10%	60%
Dimethyl Fumarate	39%	9%	62%

Best treatment  
**Dimethyl fumarate - 3% Absolute benefit**  
 compared to Natalizumab

Best treatment  
**Natalizumab - 14% Absolute benefit**  
 compared to Dimethyl Fumarate

# Github repository - <https://github.com/htx-r>

htx-r

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# Conclusions and further research

## Future research

- Comparison with **effect modification method**
- Use of Swiss MS cohort to build the risk score
- External validation of prediction model
- R-shiny app

## Conclusions

- This is the first prediction model that uses **risk score** from a nested prognostic model **within a IPD Network meta-regression** framework
- **The risk** of relapse at baseline is important for the **optimal treatment choice** and **moderates** the **absolute benefit**
  - **Dimethyl fumarate** seems to be the optimal choice for **low-risk patients**, whereas **Natalizumab** seems to be the optimal choice for **high-risk patients**